

# JUST PURE Fruit Puree



♦ Product Name	Peach puree
♦ Selling Size	225g
♦ Moon Phase	Daily
♦ How to use	Delicious fruit jelly to use as spread or to sweeten yoghurts, granolas, fine pastry and cakes.
♦ Ingredients	Sun ripened peaches*, jam sugar – fruit content minimum 75 %, *from own organic cultivation
♦ Ingredients and effect	<div data-bbox="197 1160 549 1626" data-label="Image"> </div> <p><b>Sun ripened peaches from own organic cultivation</b></p> <p>What do a peach, a nectarine and a prune have in common? They all are drupes, and their components may help us protect our vessels, lower the risk of the metabolic syndrome and therefore reduce the risk of being affected by cardio vascular diseases and diabetes.</p> <p>As peaches contain such a high number of bioactive components, they may help to counter fight overweight, insulin resistance, high blood pressure or even high blood cholesterol levels and therefore the metabolic syndrome. This is the result of a research carried out at the Texas A &amp; M University. For their research the scientists took into study the components peaches, prunes and nectarines and found an of anti-inflammatory effect.</p>
♦ Effect	Refreshing, stimulating
♦ Effect on body and soul	This handmade peach jelly is produced in small batches and its very intense taste is a real delight as over 80% of the harvested fruits derive from own organic cultivation. The delicious jelly has a very natural sweet taste, notwithstanding the low sugar content, because we exclusively use sun ripened fruits for our jellies and purees.