




♦ <b>Product name</b>	<b>Healing Herbs Sauna Essence</b>
♦ Moon phase	Daily
♦ How to use	Not only in a fragrance lamp does this essence spread wonderful aromas. It consists of pure and high-quality herbal, fruit and flower oils including eucalyptus, sage, silver fir, marjoram, cedar wood, rosemary and others. Highly selected ingredients free from any additives guarantee for an untroubled olfactory experience.
♦ Ingredients	Composition of 100% pure essential oils
♦ Main ingredients and effect	 <p style="text-align: center;"><b>Marjoram</b></p> <ol style="list-style-type: none"> <li>1. <b>Marjoram oil:</b> is the essential oil of <i>Origanum majorana</i> L. (<i>Majorana hortensis</i> Moench). It is extracted by distilling the blooming tips of the plant and has a tangy, intensive and slightly peppery scent. Effects on the soul: warming, calming; effects on the body: calming, uncramping, warming, digestive, dilating the blood vessels, antiseptic, antiviral, nervine, mucolytic, sudorific, analgesic, cardi tonic and anti-hypertensive. Marjoram oil is traditionally used to treat affections of the upper respiratory tract, joint pain, headaches and migraine.</li> <li>2. <b>Rosemary oil</b> one of the oldest healing plants that already in ancient times was worshiped. The name means 'Sea Dew'. Rosemary oil is antiseptic and acts blood circulation stimulating. Used externally it enhances the blood circulation and reduces e.g. muscle pain. The scent of rosemary oil is warm, stimulating and invigorating.</li> </ol>
♦ Psychological action (scent)	Herbaceous, fresh, strong, spicy
♦ Effects	In the cold season treat your nose, throat and senses with the stimulating aroma of medicinal herbs.