Just Pure Ayurveda

UST PURE Privess BEAUTY HEALTH AMR- & BOOTWASH & 20 M	
Produktname	Ayurveda Chai Hair & Bodywash
 moon phase 	Daily care
+ how to use	Aromatic fresh Hair & Shower Gel for Body & Hair. Prepares your skin optimal for a following Body Care with Ayurveda Chai Body & Bathmilk
• Ingredients	Aqua (Water)****, Coco-Glucoside, Glycerin***, Parfum**, Xanthan Gum, Sodium Lauroyl Glutamate, Citric Acid, Sesamum Indicum (Sesame) Oil***, Citral*, Potassium Sorbate, Limonene*, Linalool*, Geraniol*, Eugenol*, *allergenics in essential Oils, **pure essential Oils,*** organic cultivation, ****Alps spring water
	Sesame oil: is THE typical Ayurveda Oil used for almost all kind of Ayurveda Treatments! It has a high content of iron, calcium and protein helping to eliminate toxins and waste compounds from the organism and tissue. It soothes the skin and provides it with the moisture it needs. Beside of this sesame oil revolves around removing dental plaque and boosting oral health. By engaging in an activity known as <i>oil pulling</i> , which involves swishing oil around in your mouth, you can boost oral health and even whiten your teeth. One study showcases the oil pulling benefits on the oral level, where oil pulling with sesame oil was shown to reduce the amount of streptococcus mutants in both teeth plaque and mouth saliva, and boost overall health.
good in combiantion with	Ayurveda Chai Detox Salzbad, Ayurveda Chai Milchbad, Ayurveda Chai Body & Bademilch
◆ skin Type	Every skin type
 Psychological effect (scent) 	Stimulating, bethinking, effective
• Effect on skin	JUST PURE Spa Tip for dry skin: mix 3 TS Ayurveda Chai -Hair & Bodywash with 2 TS Body & Bademilch and 2 TS Saltbath and your luxury Detox Ayurveda Bath is prepared