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Product name	Chakra "Meditation" Bath Milk – 33.9 fl. oz.
Moon Phase	Daily ▶ O Waxing Moon ~ Full Moon
+ How to use	Add the bath milk directly into the running water and enjoy a meditative bath experience.
Ingredients	Aqua (Wasser)****, Coco-Glucoside, Whey***, Camelia Senensis (Kamelien) Seed Oil***, Glycerin, Oenothera Biennies (Nachtkerze) Oil***, Parfum**, Sodium Lauryl Glutamate, Dehydroxanthan gum, Macadamia Ternifolia (Macadamia) seed oil, Citric Acid, Potassium Sorbate, Limonene*, *allergenics in essential oils, **pure essential oils, **rorganic cultivation, **** Alps spring water
• Ingredients & effect Evening primrose	Evening primrose oil: is extracted from the seeds of the flower. Since this process is very complex and the yield very low, it is a precious and very expensive oil that is characterized by a very special and unique composition. It has an extra high content of gamma-linolenic acid that adds up to 20%. Gamma-linoleic acid is known for its calming effect on sensitive skin. Evening primrose oil keeps the skin supple and prevents it from losing moisture. It is especially recommended for dry skin with a tendency to develop eczemas because it reduces symptoms such as itching, scaly skin and redness with a long-lasting effect. Generally speaking, evening primrose oil can be used to treat dry, rough and scaly skin. It regulates the cell metabolism, prevents a loss of moisture, makes the skin elastic and slows down the skin's aging process.
Goes well with	Chakra Bath- & Massage Oil No. 8, Chakra Fragrances No. 1 - 8
Skin type	All
Psychological action (scent)	Calming, warming, balancing, strengthening, harmonizing
Effects on skin	Mild beauty bath for an enhanced cleansing and care effect as well as the harmonization of the chakras. The enchanting and meditative fragrance of roses and Indian incense harmonizes body, soul and mind.