Just Pure Ayurveda



Product name	Ayurveda Chai Honey Milk Bath
Moon phase	Daily care
• How to use	Mix 3 tablespoons with bath water, oil or body lotion and add to running bath water.
Ingredients	Lac (Milk) Powder***, Parfum**,Citral*, d-Limonen* - *allergenics in essential oils, **pure essential oils, *** organic cultivation,
• Ingredients and effects	Milk Powder: applied externally milk enhances the blood circulation and the cell renewal and strengthens its resistance. Regulates the moisture content and protects the germ defence of the acid coating of our biggest organ. Generally milk based caring products are indicated for all skin types. Very good results are obtained on sensitive and challenged skin as they support the preservation of the acid coating. Milk fat calms irritated skin and acts lipid regulating. The milk sugar donates moisture. The acids acts as light peeling and the amino acids augment the skin elasticity. Cinnamon Oil: stimulating, aphrodisiacal and at the same time relaxing due to its comforting and warming effect. Our fragrance composition of cinnamon, clove, star anise and orange oil is the ideal aroma for the Christmas season, when warmth and light is needed during dark winter days.
Combine with	Amyris Vanille Shower Gel, Amyris Vanille Body Conditioner, Ayurveda Chai Detox Salt Bath, Organic Honey
Skin type	Every skin type
Psychological effect (scent)	Vitalizing, energizing, reflective, warming
Effect on skin	Spa tip for dry skin: mix 3 tbsp of salt with 1-2 tablespoons of Amyris Vanille Shower Gel, 2 tbsp of milk bath and 1 tbsp of organic honey for a special Detox Ayurveda Bath.