



♦ Product name	Mountain Flower Herbal Tea
♦ Selling size	4.2 oz.
♦ Moon phase	Daily
♦ How to use	Use 1 heaping teaspoon for each cup. Pour in boiling water and let stand for 5 minutes and strain. Sweeten with Honey if desired. Store closed in a cool and dry place.
♦ Ingredients	Rose, lemon-scented tea tree, bergamot mint, bramble leaves, sunflower blossoms, calendula, passionflower herb, dead-nettle, buckhorn plantain, stinging-nettle seeds, whitethorn, lady's mantle, hyssop, chicory root, fumitory – all from organic cultivation (kbA)
♦ Ingredients and effect	<div data-bbox="210 1319 526 1736" data-label="Image"> </div> <p>Fumitory</p> <p>1. Calendula blossom: The calendula is the medicinal plant of the year 2009 and recommended to treat many diseases. It helps against nervousness, flatulence, heart discomforts, insomnia, migraine, cramps in stomach and lower abdomen as well as colicky disorders of stomach and intestine. Calendula blossoms have anti-inflammatory and antimicrobial properties and stimulate the body's immune functions.</p> <p>2. Fumitory: Even in ancient times fumitory was known as an important medicinal plant to treat liver diseases. The healers of those times appreciated the <i>Fumaria officinalis</i> for blood purification. In the Middle Ages, the plant was successfully used to treat skin diseases and gall disorders.</p>
♦ Psychological effect (scent)	Refreshing and stimulating
♦ Effect on body and soul	This tea blend embraces the spirit of the mountains with its pure and unaltered vegetation. As a daily source of power and energy, the JUST PURE Mountain Flower Tea is characterized by the aromatic taste of selected herbs and flowers and effectively enhances your immune system. Advice enjoy cold with some lemon juice and a mint leaf – in summer or after practicing sports