




♦ Product name	„5 Elements“ Body Oil – 6.8 fl. oz.
♦ Moon phase	Daily
♦ How to use	Apply warm body oil (double boiler method) and massage in
♦ Ingredients	Heliantus Annus (Sunflower) seed oil*** , Olea Europaea (Olive) fruit oil***, Parfum**, Sesamum Indicum (Sesam) seed oil***, , Limonene*, Citronello*, Geraniol*, Linalool*, Citral*, * allergenics in essential oils, **pure essential oils, *** organic cultivation
♦ Ingredients & effect	<div style="display: flex; align-items: flex-start;"> <div style="flex: 1;">  <p style="text-align: center;">Sunflower</p> </div> <div style="flex: 2; padding-left: 10px;"> <p>Sunflower oil: is obtained from the seeds of the sunflower. It is of light yellow color and mild taste. With its rich content of unsaturated fatty acids and vitamin E, it is used for purification and detoxification. Sunflower oil is very versatile; it can be used both in alimentation and in beauty care. Sunflower oil has a high content of linoleic acid but only few saturated fatty acids. Due to its content of tocopherols, it has anti-inflammatory properties. In skin care it is very appreciated as it is absorbed well without leaving an oily film on the skin. Sunflower oil is recommended for all skin types, but especially for oily skin.</p> <p>The sunflower is considered a solar herb – not only because it looks like a small sun, but also because its flower head is always oriented towards the sun, constantly absorbing and retaining its energy.</p> </div> </div>
♦ Goes well with	All shower gels and peelings
♦ Skin type	All
♦ Psychological action (scent)	Balancing, stabilizing, harmonizing
♦ Effects on skin	Stimulating, firming and regenerating body oil for daily skin care. The carefully selected vegetable oils are well absorbed, leaving the skin with a saturated look. Its fragrance comprises the warmth of wood, the freshness of water , the heat of fire , the coolness of metal and the power of wind and earth .