



♦ Product name	Mountain Flower Organic Honey, 10.2 oz.
♦ Moon phase	As the availability of honey greatly depends on the weather and harvest, this wonderful product might be available only for a short time.
♦ How to use	Source of vitamins and universal medicine
♦ Ingredients	100% pure and unaltered honey – Demeter certified
♦ Ingredients and effect	<div data-bbox="177 1252 563 1780" data-label="Image"> </div> <p>Honey has a high content of enzymes, organic acids, vitamins and antibacterial substances as well as minerals (calcium, potassium, sodium, magnesium, iron, phosphor) and many more – essential substances for the human body.</p> <p>How is honey produced? When collecting nectar, honey bees keep approaching the same kind of flower as long as they are available. This way, the honey produced is largely unmixed. And, as a “secondary effect”, the plants are pollinated with pollen of the same variety. After the honey bee sucks the nectar, the enzymes in its stomach decompose the juice into fructose and dextrose. Back in the hive, the bee regurgitates the nectar and leaves it to its younger “colleagues” working in the hive.</p>
♦ Psychological action	Regenerating, healing, nourishing
♦ Effect	Our pure and unaltered organic honey comes from a nearby apiary in the Allgäu region and is harvested by hand 3 times a year (May, July, September) and then gently processed to preserve its precious ingredients. Honey is known as a valuable product for both body and soul.