

Product name	Forming Body Balm – 6.8 fl. oz.
Moon phase	Daily / <b>●</b> Waning Moon ~ New Moon
How to use	Apply balm on problem areas after bath or shower and gently work in. The balm has a stimulating effect on the lymphatic system.
Ingredients	Sesamum indicum (sesame) seed oil***, Lanolin, Aqua (water), Hamamelis Virginiana (witch hazel) Water, Olea Europaea (Oliven) fruit oil***, Cera alba (beeswax)***, Butyrospermum parkii (shea) butter***, Betula alba (Birch) leafe extract***, Parfume**, Triticum vulgare (wheat) germ oil***, Benzylalcohol, d-lemon*, linalool*,coumarin*,geraniol*,citronellol*, tocopherol (vitamine E) *allergenics in essential oils, **pure essential oils, ***organic cultivation
• Ingredients & effect	

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Birch leaf

**Tip from the spa professionals:** especially effective as a **14 days intensive care program** during waning moon / new moon, alternating as follows:

**Day 1:** Apply Forming Body Balm on problem areas after showering with Detox Shower Salt. **Day 2:** Take a purifying bath with Seasalt Cleaning Bath or Detox Rasul.

Repeat these two steps for 14 days and be surprised by the result

**Birch extract:** is obtained from the leaves and bark of the birch tree. Birch extract is very intensive, since it contains so called vegetable tannins as well as substances including flavonoids and saponins. Furthermore it contains various essential oils that give the extract its intensive aroma. Birch extract has excellent healing properties that are for example used to treat skin irritations. As it also has a toning effect and influences the cell metabolism, it is very appreciated as an anti-cellulite ingredient. Birch extract enhances the decomposition of fat, stimulates the metabolism as well as the lymphatic system.

Good in combination with	Detox Rasul, Aroma Oil Forming Bath, Detox Shower Salt
Skin type	Every skin type
Effect of spirit	Vitalizing, activating, purifying
• Effect on skin	Firming and nourishing body balm. Very effective against cellulite, for de-blocking, detoxification and an enhanced draining effect. Perfect skin care after your shower (e.g. with Detox Shower Salt) or for a purifying bath or poultice (e.g. with Detox Rasul).