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| ♦ Product name                 | Vitamin Tea for Waxing Moon   |
| ♦ Selling size                 | 4.2 oz  |
| ♦ Moon phase                   | daily / ☾ ☉ waxing moon ~ full moon   |
| ♦ How to use                   | Use 1 heaping teaspoon for each cup. Pour in boiling water and let stand for 5 minutes and strain. Sweeten with Honey if desired. Store closed in a cool and dry place.   |
| ♦ Ingredients                  | Apple bits, hibiscus blossom, lemongrass, rose hip peel, orange bits, bramble leaves – all ingredients from organic cultivation and free from added flavorings.   |
| ♦ Ingredients & effect         | <div data-bbox="201 1146 547 1646" data-label="Image"> </div> <p><b>Rose hip</b></p> <p><b>Apple:</b> refreshing, vitamin-rich, water content of 85%, very low content of proteins and fat, but of „good“ carbs, pectin and cellulose (important for digestion, lowers the cholesterol level), high vitamin C content (especially in the peel), vitamin E, B vitamins, potassium, phosphorus, calcium, magnesium and iron as well as fruit acids (lower the uric acid level, digestive and antibacterial) and tannins (purifying and dilating effect on the blood vessels).</p> <p><b>Rose hip:</b> full of vitamin C and the perfect way to prepare yourself for the cold season, because rose hips are just the right thing to get you through the fall season. They contain a large amount of important vitamin C (rose hips contain 5 times more vitamin C than lemons) as well as flavones, fruit acids and vitamin B complexes and are therefore recommended to combat a cold or bronchitis and to enhance your immune system and resistance.</p> |
| ♦ Psychological action (scent) | Refreshing and stimulating  |
| ♦ Effect on body & soul        | Waxing moon is the time when your body takes in, stores and accumulates. So, it is the time for a vitamin-rich, low-fat and rich diet. With its large number of important vitamins, our vitamin tea uses and enhances the impulse of this moon phase. <b>Advice:</b> A delicious way to enjoy this tea in summer, after a sauna session or workout: add a bit of lemon juice and 1 fresh mint leaf to the iced tea and enjoy.   |